

# DANCE it out

124 S. Main Street | La Crosse, VA 23950  
(434) 757-1029

# Dance Schedule

danceitoutva.com

Studio A	Studio B	Studio C	Start it Out	Studio A	Studio B	Studio C	Start it Out	Studio A	Studio B	Studio C	Start it Out	Studio A	Studio B	Studio C	Start it Out
MONDAY				TUESDAY				WEDNESDAY				THURSDAY			
Advanced Ballet 4:45-6:00	Elite Hip Hop 4:45-6:00	Intro to Tap A 4:45-5:30	Creative Movement 4:45-5:30		Lyrical 2 4:45-5:45		PreBallet 2 4:45-5:30	Level 3 Ballet 5:00-6:00	Tap 3 4:45-5:45	Level 2 Hip Hop 5:00-6:00	PreBallet 1 4:45-5:30	Power Dance 2 4:45-6:15	Intro to Tap B 4:45-5:30		PreBallet 1 4:45-5:30
Level 4 Ballet 6:00-7:00	Advanced Hip Hop 6:00-7:15	Dublin Irish 5:30-6:30	PreBallet 2 5:30-6:15	Street Jazz 2 5:45-6:45	Lyrical 1 5:45-6:45	Act It Out 1 5:45-6:45	Pre Ballet 1 5:30-6:15	Level 2 Ballet 6:00-7:00	Tap 1 5:45-6:45	Level 3 Hip Hop 6:00-7:00	Creative Movement 5:30-6:15	Power Dance 1 6:15-7:30	Intro Hip Hop 5:30-6:15	Level 1 Ballet 5:30-6:30	Intro to Tap A 5:30-6:15
Pre Professional Ballet 2 7:00-9:00	Level 4 Hip Hop 7:15-8:15	Hardshoe 1 6:30-7:00	Tutu Tots 6:15-6:45	Select Ensemble 1/2 6:45-8:00	Mini Ensemble 6:45-7:45	Act It Out 2 6:45-7:45	Tutu Tots 6:15-6:45	Pre Professional 1 Ballet 7:00-8:15	Tap 2 6:45-7:45	Street Jazz 1 7:00-8:00	Pre Ballet 2 6:15-7:00	Theme Class 7:30-8:30	Intro Ballet 6:30-7:30	Level 1 Hip Hop 6:30-7:30	Lyrical 3 6:15-7:30
	Breaking/Conditioning 8:15-9:00	Hardshoe 2 7:00-7:30	PrePointe 7:15-7:45 AND Pointe 1 7:15-8:15	Conditioning 8:00-8:30	Adult Ballet 7:45-8:30	Irish Ensemble 7:45-9:00	Galway Irish 6:45-7:45	Pre Professional 2 Ballet 7:00-9:00	Adult Tap 8:00-8:45		Pre Professional 1 Ballet 7:00-8:15		Boys' Hip Hop 7:30-8:15	Pre Professional Minis 7:30-8:30	
		Armaugh Irish 7:30-8:30											Adult Hip Hop 8:15-9:00		

### Additional Classes

SATURDAY	
Dance With Me (6 Week Sessions)	9:00-9:30
Rhythm Works	9:30-10:15
MONDAY - C ANNEX	
Guitar 1	5:30-6:30
Guitar 2	6:30-7:30
(6 Week Sessions)	

**TUESDAY C ANNEX**  
Sing It Out 2  
5:45-6:45  
Sing It Out 1  
6:45-7:45

\*SCHEDULE SUBJECT TO CHANGE

- Alicia Washburn
- Michelle Harris
- JoBeth Hardin
- Deanna Rea
- Sandra Lowe
- Mary Glenn Coleman
- Aubrey Rose
- Eileen Juric
- Maurice Ellis
- Joint
- Amanda Ellis

- Must be enrolled in Ballet to take Lyrical or Street Jazz.
- Hip Hop and Irish begin at age 6.
- Lyrical and Street Jazz begin at age 9.
- Intro to Tap A, ages 3-5. Intro to Tap B, ages 6-8
- No beginning students in Level 4, Advanced, or Elite.
- Select & Irish ensemble is by audition only. Contract must be signed.

- PRE PROFESSIONAL 1/ MINI**
- By Teacher recommendation only.
  - Must be enrolled in two ballet technique classes per week.
  - Must be enrolled in Power Dance Technique 1 (optional for Minis)
  - Adjudication and competition will incur additional fees

- PRE PROFESSIONAL 2 BALLETT**
- 4+ years of ballet training.
  - 2+ years of pointe training.
  - Must be enrolled in Power Dance Technique 2
  - Two ballet/pointe technique classes per week
  - Adjudication and competition will incur additional fees

Prior students will be placed in Levels. It is the instructor's discretion to place student in appropriate level. Levels will no longer be based solely upon age. Level placement will now be based on experience and ability, as well as age. All placement will be completed by instructors. Eligibility for Pointe will be determined by the instructor through an extensive assessment. All students must pass the assessment to begin Pointe.